



DIAMOND PLAYERS

BASEBALL

Featuring the Elite Hitters Club

ELITE HITTERS CLUB . . . *Dedicated High School Players Only*

This class is designed to bring the serious player to peak hitting & playing condition by opening day of the high school season.

- Hundreds of game quality swings
- Learn to identify competitive fast balls, curve balls & change-ups
- Develop dynamic strength & speed - Enhance explosiveness

15 Weeks (Nov through Feb) • 45 Sessions • Over 75 Hours
Instructed by Academy Director and Ex-Pro, Mike Brooks

Curriculum includes Specialized Hitting & Conditioning

Circuit Training *utilizing:*

- Pro Batter Virtual Pitcher
- Vision Tracking / Training Program
- Swing Builder / Power Bag
- RVP Video Evaluations & Analysis
- SPARQ & Core training & testing to build optimal Speed/Power/Agility/Reaction/Quickness



NEW THIS YEAR -

!!! Each student also receives a **ONE YEAR PERSONAL PROFILE PAGE on the
NEW DIAMOND PLAYERS PROFILE WEB SITE !!!**

Classes begin Nov 2, 2009

Three sessions per week -

Mon & Thurs: Circuit Training & Hitting -

- 5:30 to 7:00 pm or 7 to 8:30 pm / Sunday: Hitting Reps - 6 to 8pm

Two Classes - 6 players per class

This class is for the serious high school player who is committed to developing maximum hitting potential for the upcoming season.

Cost: \$1350 per player (less than \$18 per hour).

\$675 due upon registration - \$675 due on or before 1/1/10.

The first 6 eligible players to register per class will be accepted.

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www.diamondplayersbaseball.com